

## GD Goenka Public School, Sarita Vihar, conducts webinars



The webinars were interactive for both the clinicians and their clients

GD Goenka Public School, Sarita Vihar, in partnership with Hispanic Community Counseling Services (HCCS), North Philadelphia, USA, conducted a series of webinars exclusively for the psychology students of Grades 11 and 12.

HCCS is a Latino-operated, community-based agency that provides for culturally appropriate and recovery-oriented mental health services to the communities of North Philadelphia.

It is a multidisciplinary, multicultural, bilingual behavioural health care practice.

Those webinars were primarily

focused on key topics related to psychological disorders, therapeutic techniques and coping with stress and anxiety.

Those sessions were interactive with both the clinicians and their clients sharing their first-hand stories of the impact of psychological therapy and treatment.

Such an exposure brought about a hands-on learning experience for the students who gained an academic impetus and an edge above the rest.

The partnership across the continents proved the fact that mental health awareness is a global initiative and responsibility.